

Val's One Page Profile



What people like and Admire about Val as a trainer and a mentor

- ❖ Frank, but gentle guidance
- ❖ An exceptional storyteller, paints a picture that etches in one's memory
- ❖ Approachable and easy to talk to, down to earth, funny and fun
- ❖ Passionate about person centered practices and loves to share it
- ❖ Listens to other's perspectives and is open to new ideas
- ❖ Talented and creative
- ❖ A great teacher who inspires
- ❖ Believes you will be successful (even the night before a training when you are a mass of nerves)
- ❖ Has a sparkle in her eyes that say "you got it" or "you can do it"
- ❖ Always a cheerleader and a champion for learning,
- ❖ A dose of southern charm, grace, kindness and "Valisms"
- ❖ Has very high standards; can be trusted to maintain integrity

Important to Val as a trainer and mentor...

- ❖ Learners learn! New ways of listening, new ways to do things, new ways to respect and empower the people we work with
- ❖ Being there for the learner or the trainer to answer questions or provide supports as needed
- ❖ Have fun as we explore new ways of thinking and doing
- ❖ Having my "stuff" together, prepared for class, with good directions to training site
- ❖ Inviting trainers to explore the passion, understanding, and magic of this work
- ❖ Keeping the concepts of person centeredness in the moments and dailyness of my life

How best to support Val...

- ❖ Be open to new ideas and courageous to challenge what does not make sense to you
- ❖ Be prepared, learn the material, practice and be ready for "show time"
- ❖ Stay engaged with the learning, and with the learners
- ❖ Tell me how I can support you best as you go down the path to become a trainer
- ❖ Share your creativity, stories, the things that you are learning.

Bless Your
Heart...