

As a Trainer...

These things are important to me:

- Making a *real* difference in the lives of *real* people
- Creating a safe and comfortable learning environment, having the room set up “just so.”
- Arriving an hour early to accomplish that “just so”
- Being organized but flexible enough to meet the needs of the group.
- Feeling that I am connecting with all of the training participants.
- Taking care of myself while on the road (Diet & exercise)
- Meeting – or better yet! - exceeding your expectations.
- Balancing my home and work life; my family supports me well!

You support me as a Trainer when you:

- Tell me what you need. Give me clear and honest feedback.
- Let me set up (& take down) my equipment and charts myself. I appreciate your help, but I want to feel confident that everything is as I need it to be, that it's ... you know... “just so.”
- Provide some background information on the group we are training so that I can best be prepared to meet their needs.
- Don't take offense at my lackluster food preferences. I'm a picky eater but I can usually find something I like. I carry protein bars just in case.
- The GPS is my greatest friend. If it won't get me there, please let me know what will (i.e. clear directions).
- Email is the best way to reach me. If I don't know you well, remind me how/where we met. Allow me a few days to respond but check back if you don't hear from me within the week – you might have landed in my junk mail!
- Give me your whole self in the training experience. I'll give you mine.



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My one-page Profile
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Great Things About Laura! *(What others say they like or admire...)*

- “Uncompromising in her conviction that the abilities of people to have what is important to them is limited only by our own imaginations”
- “Able to facilitate difficult or emotional discussions with respect, perspective, and integrity”
- “A confident facilitator and speaker”
- “Laura has the unique ability to bring differing perspectives together and reach common ground”
- “She does what she says she will do.”
- “Gently redirects participants with grace and ease”
- “A naturally dynamic presenter; an exceptional storyteller”
- “Real, authentic and welcoming. She makes learning safe.”
- “Always connects with her audience.”
- “Not just a presenter...she's a teacher.”

