

Jeannie



How you can support me

- Be honest and open with me, accept me as I am; tell me your stories and listen to mine
- Don't put me down behind my back
- Help me debrief if any of the people I support have sad or painful times
- Include me in conversations re: any of the people I support as well as for social events in the office.
- Be patient with me as I need to consider your question, comment prior to giving mine back. I will continue to question until I work out exactly what the issue is or what you or the meeting wants.

What others like and admire about me

- Always positive about others
- Encouraging
- Amusing with a good (sometimes black) sense of humour
- Lateral-thinking, an IDEAS person
- Good with words, especially written
- Person and Family-centred in my work
- Caring and nurturing

What's important to me?

- Photographing God's creation (eg. dingo in photo)
- Travelling and discovery
- Working with children & adults with a disability; helping them to have the life they want
- Having some control over my workload and home life, not feeling overloaded
- Regular coffee breaks and walks at work
- Walking along the sand & in the waves with no shoes
- Kayaking in the lakes with my husband Colin
- Ensuring my elderly parents are well-cared for
- Regular emails, phone calls & Skype with my daughters + son, seeing & hearing they are happy
- Seeing dolphins in our surf, it feels like a blessing
- Keeping Colin on his heart diet, he's my mate
- Being included in discussions and social times, I hate being left out.
- Feeling like I make a valuable contribution