

Person Centered Thinking Trainer

Positive Things Said About Me:

Creates a supportive environment in which participants feel free to express opinions and ideas

Able to illustrate person centered perspectives from both the person supported and the provider

Brings a diverse background of expertise that is evident by the depth of her instruction

Demeanor reflects authenticity, kindness, and experience

Very creative & person centered

Positive energy

Trustworthy

Good sense of humor

Knows the meaning of Aloha

What is Important To Me:

Promoting social justice, civil rights and self determination for all people.

Creating a fun, dynamic, learning environment.

Being on time, prepared and free from technical difficulties.

Relationships with people who share my values: honesty, accountability, integrity.

How to Support me:

Let me know what you need and want from the training and from me as a trainer.

Provide honest, thoughtful feedback.

Ask questions with examples- possibly written to provide ample time to process.

Be respectful of others who learn differently.

Help me set and keep realistic goals, priorities and timelines.



Sheila Keys

My goal is to bring about positive change within my own sphere of influence by actively modeling and teaching Person Centered Thinking for Redwood Coast Regional Center

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