

# Amanda's One Page Trainer Profile

## What is important to me as a trainer

Providing the best learning experience possible for people in training: being prepared, people feeling welcome and valued.

Supporting people to explore their thinking with person centered practices in a safe environment.

Making sure people have a variety of ways to learn: small group work, personal reflection on the tools, visual, concrete information about the tools and how to use them.

I need to be learning constantly and improving my skills

Supporting people to achieve their goals of positive change within an organization

Implementing person centered teams process within teams where I am a member (walking the talk)

Being seen as a resource, being helpful/supportive, and receiving feedback on how I can be effective in providing support.

In my role as a mentor trainer –

- Being clear about my role and the mentor trainer candidate's role or trainer candidate's role.
- Providing specific feedback that is helpful, kind, relevant
- Helping trainer candidates achieve their goals!



## What people like about me as a trainer and mentor trainer

supportive, uses examples to answer questions, passionate, makes training fun, takes time for me, provides specific feedback that is useful, expects high quality of herself and trainer candidates

## Support I need as a trainer

To have scheduled, coordination meetings with colleagues when we are co-training to work out all the details.

Staying connected to people and be a part of a "team" locally, nationally or internationally. Sharing ideas, supporting each other, learning together.

To receive regular feedback on my effectiveness as a trainer and mentor trainer.

To know about any updates, changes or opportunities to help with making changes to the training curriculum.

To know the use of person centered practices are making a difference in peoples' lives. Hearing and sharing stories!