

Elissa's one page profile

What is important to me in my role as a trainer:

- ❖ Incorporating humor and laughter
- ❖ Making a connection with participants
- ❖ Making sure folks really "get it"
- ❖ Being prepared and organized
- ❖ Acknowledging others for their contributions
- ❖ Helping others gain practical knowledge
- ❖ Preparing others to make a real difference
- ❖ Seeing some instant results
- ❖ I like to make sure everything is set up and working before the training starts
- ❖ Doing an excellent job
- ❖ Sharing information that can help people get better lives
- ❖ Using a variety of training techniques to include all types of learners



How best to support me in my role as a trainer:

- ❖ Let me know you're listening & understand what I am saying
- ❖ Help me get to places ahead of schedule; I need to be early to feel prepared
- ❖ Let me know what you need from me
- ❖ Communicate your expectations clearly
- ❖ Keep talking to me; I appreciate good communication
- ❖ I like getting feedback as we go so I can adjust what I am doing as needed
- ❖ Help me keep track of time; sometimes when I get excited about something I lose track

What others like and admire about me:

- Happy & Friendly
- Funny
- Excellent communication skills
- Helpful & Caring
- Knowledgeable & Experienced
- Intuitive and insightful
- Creative
- Flexible